

Jewish Renewal News

1 February 2012



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1. Tu' Bishvat – New Year for Trees

Tu'Bishvat – New Year for Trees Wednesday 8 February, 7:00pm Bronte

Tree Meditation and Full Moon Music

7:00pm meet at the pine trees near Bronte Beach Bus Stop

- meditation on the different types of trees with Orna Triguboff
- Tree of Life Chi Gung with Benzion Weiss
- watch the full moon rise over the ocean
- meditative music with Hanoch David
- snacks at the end

Children welcome

This will be a unique evening.

Bookings essential to receive address of venue if cold or rainy

Email orna@emanuel.org.au

2. Jewish Renewal style Shabbat

Jewish Renewal style Shabbat service 10:00am: Saturday 18 February

An opportunity to experience meaningful prayer with music, discussion and meditation.

The following services will be: 10 March with a focus on joy, 7 April (Shabbat and Pesach)

3. Kabbalah Meditation Retreat

Kabbalah Meditation Retreat: 30 November – 2 December 2012.

A weekend in Leura, immersing yourself in Kabbalah teachings and meditations, surrounded by glorious nature. Facilitated by Orna Triguboff and special guest teachers. The retreat will also include yoga and nature walks.

The retreat takes place at Leura Spirituality Retreat Centre.

Please contact orna@emanuel.org.au if you are considering coming

For more information on the activities above please contact

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